



DEARDOFF DIGEST

September 2021

Volume 3 Issue 8

UPCOMING EVENTS

- September 2nd – Chair Volleyball returns
- September 6th – CLOSED in observance of Labor Day
- September 13th – 11am to 1pm Drive-thru lunch and LEVY Yard Sign pick up. **RSVP for lunch REQUIRED**
- September 14th - 11am BOOK CLUB
- September 14th - Noon – Advisory Mtg
- September 24th & 27th Generation Rx Workshop
- September 21st - Noon – Levy Meeting
- September 28th - Annual Health Fair: Blood Pressure checks, Flu shots, Dietitian, Hearing tests, and so much more!

SEPTEMBER BIRTHDAYS

- Wanda Zinck - 4th
- Brenda Wilson - 8th
- Patti Pursley-Atkinson - 12th
- David Griffin - 13th
- Steve Burggraf - 15th
- Charlene Johnson - 15th
- Joe Jeromos - 16th
- Sherry Trent - 16th
- Betty Gebele - 19th
- Marie Carter - 20th
- Regina Gogol - 20th
- Marrienne Holl - 21st
- Tom Hart – 22nd
- Zina Samoylova - 25th
- Alice Coburn - 26th
- Greta Burggraf - 29th
- Darrell Cope - 30th
- Connie Purdum - 30th

CHAIR CARDIO

We are starting a **SECOND** session of cardio exercise on Tuesday mornings. Beginning September 7th - 10a-11a

GENERATION Rx

On September 24th or 27th you will have the opportunity to attend an hour long medication safety workshop. The Ohio State Extension Office in Warren County has been nice enough to offer this program to us. More information along with sign-up sheets are on the bulletin board.

BOOK CLUB

Book Club is BACK!! Beginning September 14th at 11am. Come one and all!

CHAIR VOLLEYBALL

Beginning Thursday, September 2nd - 9am - 10am . Chair Volleyball returns!!! This activity is open to men and women, as is the Chair Cardio following at 10:30am

New Members:

Zina Samoylova
Pamela McClain
Virginia Kidwell
Deb Banks

(Con't on back)

Advisory Board Information

Do you have a suggestion you would like considered to benefit the members of The Deardoff Center, want a new activity added for members or would like to volunteer for an event? Look no further, contact a member of the DSC Advisory Board.

Additional information on the current Advisory Board is available on the bulletin board. Look for updates in future Deardoff Digests.

LEVY INFORMATION

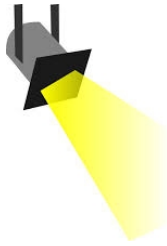
Don't forget to respond to the Center with your yard sign requests and number of lunches.

Pick up date is Monday, September 13th 11a-1p

You may call (937)743-8100 or email: dsc45005@gmail.com

TRAVEL UPDATES

There will be no monthly Day Trip in September due to the rise in cases of the Delta variant of Covid-19



SPOTLIGHT ON:

Martha Buchanan

Miss Martha Buchanan is one of our LONGEST active members! She has been a member of The Deardoff Senior Center since 1994.

Born in Louisville, KY in March of 1931, Martha is a young 90 years old. She married her husband, James (also known as her HERO) in 1948. They were married 44 years when he passed away in 1992.

Martha's favorite book is Where the Red Fern Grows. She enjoys watching All in The Family reruns and her favorite song is "You've Got A Friend In Me". Martha also enjoys the movie Titanic.

Martha loves to collect all things FROG. She has over 300 frog items in her collection. Her favorite thing about the Deardoff Senior Center is all the people.

You can catch Martha playing Hand and Foot or Bingo at the Center!

Check back next month for our next member

"Spotlight On"!

Annual Health Fair

September 28th from 10a-2p we are having our Annual Health Fair. We will have several local vendors and service providers. Door prizes and light refreshments will be available. This is open to the community, not just our members. Social Distancing and masks MAY be required, stay tuned for more information as it becomes available.



Follow our Facebook page for instant updates