

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28 11:30 Chair Yoga 1:30 Euchre	29 10:00 Chair Cardio 11:00 Chair V-ball	30 10:30 Pick-your-Craft	31 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 1:00 Hand & Foot 1:30 Euchre	1 1:00 BINGO	2
3	4 LABOR DAY CLOSED	5 10:00 Chair Cardio 11:00 Chair V-ball	6 10:30 Pick-your-Craft	7 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre	8 1:00 BINGO BINGO CHALLENGE BOARDS DUE!	9
10 Grandparents Day	11 PATRIOT DAY 10:30 Barre 11:30 Chair Yoga 1:30 Euchre	12 9:30 Advisory Mtg 10:00 Chair Cardio 11:00 Chair V-ball 11:00 Book Club	13 10:30 Pick-your-Craft	14 30th Anniversary Celebration 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 1:00 Hand & Foot 1:30 Euchre	15 1:00 BINGO MONEY DUE for 8/22 lunch	16
17	18 10:30 Barre 11:30 Chair Yoga 1:30 Euchre	19 10:00 Chair Cardio 11:00 Chair V-ball	20 9:30 Basket Class \$ 10:30 Pick-your-Craft	21 Premier Health 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre	22 11:30 Lunch Bob Evans 1:00 BINGO	23
24	25 10:30 Barre 11:30 Chair Yoga 1:30 Euchre	26 10:00 Chair Cardio 11:00 Chair V-ball	27 10:30 Pick-your-Craft	28 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 1:00 Hand & Foot 1:30 Euchre	29 1:00 BINGO	30 9:00A - 3:00P CRAFT FAIR