

# September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29 11:30 Chair Yoga 1:30 Euchre	30 10:00 Chair Cardio 11:00 Chair V-ball	31 10:30 Pick-your-Craft	1 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre	2 1:00 BINGO	3
4	5 <b>CLOSED -</b> Labor Day	6 10:00 Chair Cardio 11:00 Chair V-ball	7 10:30 Pick-your-Craft	8 10:00 Chair Cardio 11:00 Chair V-ball 1:00 Hand & Foot 1:30 Euchre	9 1:00 BINGO	10
11	12 11:30 Chair Yoga 1:30 Euchre	13 10:00 Chair Cardio 11:00 Chair V-ball 11:00 Book Club 12:00 Advisory Board	14 10:30 Pick-your-Craft	15 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre	16 1:00 BINGO	17
18	19 11:30 Chair Yoga 1:30 Euchre	20 10:00 Chair Cardio 11:00 Chair V-ball	21 10:30 Pick-your-Craft	22 10:00 Chair Cardio 11:00 Chair V-ball 1:00 Hand & Foot 1:30 Euchre	23 <b>11:30 Lunch (pre-pay) FFD - Blood Pressure Check OSHIIP - Medicare</b> 1:00 BINGO	24
25	26 11:30 Chair Yoga 1:30 Euchre	27 10:00 Chair Cardio 11:00 Chair V-ball	28 10:30 Pick-your-Craft	29 10:00 Chair Cardio 11:00 Chair V-ball 1:00 Hand & Foot 1:30 Euchre	30 1:00 BINGO	1