

# March 2023

| Sunday                                   | Monday   | Tuesday   | Wednesday                      | Thursday  | Friday  | Saturday                             |
|--|--|---|--------------------------------|---|---|--------------------------------------|
|  | 11:30 Chair Yoga<br>1:30 Euchre                          | 10:00 Chair Cardio<br>11:00 Chair V-ball  | 1<br>10:30<br>Pick-your-Craft  | 2<br>10:00 Chair Cardio<br>11:00 Chair V-ball<br>12:00 Bridge<br>1:00 Hand & Foot<br>1:30 Euchre  | 3<br>1:00 BINGO   | 4                                    |
| 5  | 6<br>11:30 Chair Yoga<br>1:30 Euchre                     | 7<br>10:00 Chair Cardio<br>11:00 Chair V-ball   | 8<br>10:30<br>Pick-your-Craft  | 9<br>10:00 Chair Cardio<br>11:00 Chair V-ball<br>1:00 Hand & Foot<br>1:30 Euchre                  | 10<br>1:00 BINGO  | 11                                   |
| 12<br>Daylight Savings<br>(clocks ahead) | 13<br>11:30 Chair Yoga<br>1:30 Euchre                    | 14<br>10:00 Chair Cardio<br>11:00 Chair V-ball<br>11:00 Book Club<br>12:00 Advisory Meeting | 15<br>10:30<br>Pick-your-Craft | 16<br>10:00 Chair Cardio<br>11:00 Chair V-ball<br>12:00 Bridge<br>1:00 Hand & Foot<br>1:30 Euchre | 17 St. Patrick's<br>1:00 BINGO                                | 18<br>RENTAL                         |
| 19                                       | 20 First Day of<br>SPRING!<br><br>NO YOGA<br>1:30 Euchre | 21<br>10:00 Chair Cardio<br>11:00 Chair V-ball  | 22<br>10:30<br>Pick-your-Craft | 23<br>10:00 Chair Cardio<br>11:00 Chair V-ball<br>1:00 Hand & Foot<br>1:30 Euchre                 | 24<br><br>11:30<br>Boxed Lunch<br>(pre-pay)<br><br>1:00 BINGO | 25<br><br>SPRING CRAFT<br>FAIR 9A-2P |
| 26                                       | 27<br>11:30 Chair Yoga<br>1:30 Euchre                    | 28<br>10:00 Chair Cardio<br>11:00 Chair V-ball  | 10:30<br>Pick-your-Craft       | 10:00 Chair Cardio<br>11:00 Chair V-ball<br>1:00 Hand & Foot<br>1:30 Euchre                       | 1:00 BINGO -<br>Dara from<br>Bickford calling                 |                                      |