

# August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:30 Chair Yoga 1:30 Euchre	2 <b>CLOSED - Elections</b>	3 10:30 Pick-your-Craft	4 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre	5 1:00 BINGO	6
7	8 11:30 Chair Yoga 1:30 Euchre	9 10:00 Chair Cardio 11:00 Chair V-ball 11-12 Book Club <i>(pick up only)</i>	10 10:30 Pick-your-Craft	11 10:00 Chair Cardio 10:30-12:30 CarFit OSHP 11:00 Chair V-ball 1:00 Hand & Foot 1:30 Euchre	12 1:00 BINGO	13
14	15 11:30 Chair Yoga 1:30 Euchre	16 10:00 Chair Cardio 11:00 Chair V-ball	17 10:30 Pick-your-Craft	18 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre	19 1:00 BINGO	20
21	22 11:30 Chair Yoga 1:30 Euchre	23 10:00 Chair Cardio 11:00 Chair V-ball	24 10:30 Pick-your-Craft	25 10:00 Chair Cardio 11:00 Chair V-ball 1:00 Hand & Foot 1:30 Euchre	26 <b>11:30 Lunch A&amp;G Pizza (pre-pay \$5) FFD - Blood Pressure Check</b>  1:00 BINGO	27
28	29 11:30 Chair Yoga 1:30 Euchre	30 10:00 Chair Cardio 11:00 Chair V-ball	31 10:30 Pick-your-Craft	1 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre	2 1:00 BINGO	