


March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Visit our website: deardoffseniorcenter.org</p>	<p>26 10:30 Barre 11:30 Chair Yoga 1:30 Euchre</p>	<p>27 10:00 Chair Cardio 11:00 Chair V-ball</p>	<p>28 10:30 Pick-your-Craft</p>	<p>29 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 1:00 Hand & Foot 1:30 Euchre</p>	<p>1 1:00 BINGO</p>	<p>2</p>
<p>3</p>	<p>4 10:30 Barre 11:30 Chair Yoga 1:30 Euchre</p>	<p>5 10:00 Chair Cardio 11:00 Chair V-ball</p>	<p>6 10:30 Pick-your-Craft 12:30-1:30 LINE DANCING</p>	<p>7 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre</p>	<p>8 1:00 BINGO</p>	<p>9</p>
<p>10</p>	<p>11 10:30 Barre 11:30 Chair Yoga 1:30 Euchre</p>	<p>12 9:30 Advisory Mtg 10:00 Chair Cardio 11:00 Chair V-ball 11:00 Book Club</p>	<p>13 10:30 Pick-your-Craft 12:30-1:30 LINE DANCING</p>	<p>14 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 1:00 Hand & Foot 1:30 Euchre</p>	<p>15 1:00 BINGO</p>	<p>16</p>
<p>17</p>	<p>18 10:30 Barre 11:30 Chair Yoga 1:30 Euchre</p>	<p>19 NO ACTIVITIES Election Day</p>	<p>20 9:45 Basket with Sue Marine \$\$ 10:30 Pick-your-Craft</p>	<p>21 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 12:00 Bridge 1:00 Hand & Foot 1:30 Euchre</p>	<p>22 11:30 LUNCH Domino's Pizza 1:00 BINGO</p>	<p>23</p>
<p>24/31</p>	<p>25 10:30 Barre 11:30 Chair Yoga 1:30 Euchre</p>	<p>26 10:00 Chair Cardio 11:00 Chair V-ball</p>	<p>27 10:30 Pick-your-Craft 11:00 - Crafts with DEVOTED HEALTH 12:30-1:30 LINE DANCING</p>	<p>28 10:00 Chair Cardio 11:00 Chair V-ball 12:00 Sing-a-Long 1:00 Hand & Foot 1:30 Euchre</p>	<p>29 Good Friday 1:00 BINGO</p>	<p>30  Follow our Facebook page!</p>