

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED	2 10:00a - Chair Cardio 11:00a - Chair Volleyball	3 10:30a - Pick Your Craft 12:30 - Beginners Euchre	4 10:00a - Chair Cardio 11:00a - Chair Volleyball 12:00p - Singing 12:00p - Bridge 1:00p - Hand & Foot 1:30p - Euchre	5 1:00p - Bingo	6
7	8 10:30a - Barre 11:30a - Chair Yoga 1:30p - Euchre	9 9:30a - Advisory Mtg 10:00a - Chair Cardio 11:00a - Chair Volleyball 11:00a - Book Club	10 10:30a - Pick Your Craft 12:30 - Beginners Euchre	11 10:00a - Chair Cardio 11:00a - Chair Volleyball 12:00p - Singing 1:00p - Hand & Foot 1:30p - Euchre	12 1:00p - Bingo	13
14	15 CLOSED	16 10:00a - Chair Cardio 11:00a - Chair Volleyball	17 9:45a Baskets with Susan \$\$ 10:30a - Pick Your Craft 12:30 - Beginners Euchre	18 10:00a - Chair Cardio 11:00a - Chair Volleyball 12:00p - Singing 12:00p - Bridge 1:00p - Hand & Foot 1:30p - Euchre	19 1:00p - Bingo Last day to pay for SUBWAY lunch	20
21	22 10:30a - Barre 11:30a - Chair Yoga 1:30p - Euchre	23 10:00a - Chair Cardio 11:00a - Chair Volleyball	24 10:30a - Pick Your Craft 12:30 - Beginners Euchre	25 10:00a - Chair Cardio 11:00a - Chair Volleyball 12:00p - Singing 1:00p - Hand & Foot 1:30p - Euchre	26 11:30 - Lunch 1:00p - Bingo	27
28	29 10:30a - Barre 11:30a - Chair Yoga 1:30p - Euchre	30 10:00a - Chair Cardio 11:00a - Chair Volleyball	31 10:30a - Pick Your Craft 12:30 - Beginners Euchre	1 10:00a - Chair Cardio 11:00a - Chair Volleyball 12:00p - Singing 12:00p - Bridge 1:00p - Hand & Foot 1:30p - Euchre	2 1:00p - Bingo	3