

DEARDOFF GAZETTE

605 S. River Str. ,Franklin



DATES TO REMEMBER

APRIL 4TH
FELLOWSHIP BREAKFAST
@ 9AM

APRIL 8TH
WARM GLOW WAREHOUSE
OUTING @ 10AM

APRIL 12TH DING-A-LING
1ST PRACTICE @1PM

APRIL 14TH
HEALTHY COOKING CLASS
W/ BROOKDALE

APRIL 22ND
CARRY-IN @ 11:30AM

PLEASE HELP ME IN WELCOMING OUR NEW
MEMBERS FOR 2016



Franklin High School presents ***Cinderella***, April 15-17. Tickets \$10/adults; \$8/senior adults; \$5/students



May 7th from 9am until 4pm We will be having a **Community Garage Sale** in the parking lot of the Deardoff Center as well as inside. **Spaces for Members are \$10, Non-Members will be \$15.**The space is limited to a parking space per vendor. We are taking reservations now! **Payment is due at time of reservation and is NON-Refundable!**



Mehaffies Pies order forms are available at the center if you are interested.



Dayton Dragons Franklin Area Chamber of Commerce Networking Night is Tuesday May 24th, 2016 @ 7pm. For your \$30, you will receive a ticket for the suites, a VIP parking pass, a Dragon's hat, complimentary food & beverage, and 2 drink tickets! Order forms are on the bulletin board at the center.



The week of April 18th thru the 22nd is National Volunteer Week. Help me in thanking our Volunteers whom give their time and efforts so selfishly!

Charlene Johnson, Clara Egelston, Nelva Nipper
Betty Gebley, Linda Calahan, Ron Beedle, Dale Ross
Lou Weaver, Jan Truesdell, Dora Mullins, Carol Dillhoff

Cracking the Genetic Code

Over a decade ago, scientists completed a \$3 billion effort to understand and map human DNA, those long strands of genetic material that determine everything about us: gender, eye and hair color, ancestry, and even what diseases we may be susceptible to. That map of the human genome has opened up new opportunities for doctors and researchers to fight and cure a wide range of diseases. As DNA Education and Awareness Month, April is the perfect time to learn about advances in genetic science.



Gene therapy requires scientists to find faulty strings of DNA that cause disease and replace them with normal ones. In this way, the body can stop itself from producing genetic ailments. The ultimate goal of researchers like James Wilson, director of the Gene Therapy Program at the University of Pennsylvania, is for scientists to develop gene therapies that fight all kinds of DNA-based diseases, including some forms of blindness, muscular dystrophy, and even cancer.

Our DNA can not only tell us what makes us sick but also what kinds of medicine can make us healthy. Francis Collins, director of the National Institutes of Health, believes that in the future, everyone will have their DNA mapped during routine doctor visits. Using DNA, drug companies will then be able to manufacture medicines specific to individual patients' needs.

Some promising advances come from stem cells, those cells that serve as a body's internal repair system and can turn into most any type of cell. Researchers hope that one day stem cells can be used where the human body needs to regrow or repair injured parts of itself: heart tissue damaged by heart disease, blindness caused by macular degeneration, joint pain due to arthritis, brain damage caused by stroke. Today these advances in DNA research are expensive and complicated, but they are also hailed as the future of medicine.

Jumbo-Sized

On April 9, 1882, reknowned showman P.T. Barnum arrived in New York City with the largest spectacle ever to grace his traveling circus. Jumbo the African elephant, weighing 6.5 tons and standing over 11 feet tall, stepped from the British steamship *H.M.S. Assyrian Monarch*. The massive beast, as gentle and clumsy as a child, instantly endeared himself to audiences. Thanks to Jumbo's many stunts, such as promenading across the Brooklyn Bridge, Barnum's circus earned the nickname "The Greatest Show on Earth."

The name *Jumbo* was a cross between two Swahili words, *jumbe* meaning "chief," and *jambo* meaning "hello." We can thank Jumbo the elephant for adding the word *jumbo* to our vocabulary.

Classic Combo

Is there a more perfect sandwich than peanut butter and jelly? In celebration of one of the best food combinations of all time, April 2 is Peanut Butter and Jelly Day. When it comes to PB&J, many think, "If it ain't broke, don't fix it." However, if you're looking to expand your PB&J horizons, do what Elvis did and swap the jelly for some fresh fruit. Bananas, strawberries, or even pomegranate fit the bill. More adventurous types opt for grilling their sandwiches in a frying pan, while others ditch the bread and slather their pancakes with PB&J.



When it comes to food combinations, PB&J certainly tops the list. But is this humble sandwich tastier than bacon and eggs? Macaroni and cheese? Spaghetti and meatballs? A burger and fries? Cookies and milk? Dietician Katherine Brooking offers some insight into PB&J's allure. "Humans have an innate predilection for salt, sweet, and fat," she says. Add the creamy texture of peanut butter, and this sandwich becomes "one of the hardest foods to eat in moderation."

Wow Factor

From April 28–30 Albuquerque, New Mexico, will host one of the largest gatherings of American Indians in the world when over 700 tribes from North America and Canada arrive for the Gathering of Nations Pow Wow. The first Gathering of Nations was held 32 years ago, and over the past three decades it has become the premiere event in all of North America, earning the nickname “the Mecca of Indian Country.”



What makes the pow wow so special? It is a shared celebration of traditional Native American culture, a feast for the eyes, ears, and mouth. With 32 different judged categories, a spirited competition in native music, singing, and dancing involves everyone from children to elders. It is a fantastic sight to see men and women perform so many different dances in their traditional regalia bedecked with feathers, beads, and colorful clothes. Visitors should not miss the Grand Entry, where thousands of dancers in full regalia enter the arena with great fanfare.

Another hallmark event is the crowning of Miss Indian World, a pageant for young native women who will be crowned as role models to young and old. Contestants compete in areas of public speaking, personal interviews, traditional talents, an essay, and dance. It is a chance for women to share their tribe’s unique culture and history. Winners enjoy the prestige of traveling the globe as ambassadors and educators of Native American tradition.

In the spirit of community, all are welcome to attend the pow wow. An entry ticket is money well spent, as each year, portions of ticket sales are awarded as scholarships to lucky scholars at the University of New Mexico. Pow wow visitors can watch the competitions, listen to native musicians perform on Stage 49, and peruse Pow Wow Alley, where over 800 Native artists and craft workers showcase their wares.

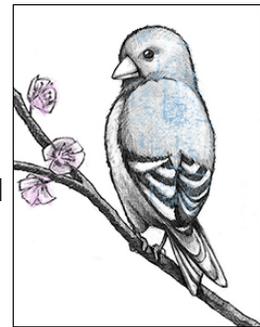
Blank Canvas

Tattoo Week, April 13–18, isn’t just for sailors and bikers. For some cultures, skin is just a blank canvas for telling the story of your life. The Maori people of New Zealand have a history of *Ta moko*, a type of tattooing where great symmetrical swirls and filigrees grace the face as part of a traditional ritual. The tattooists themselves are considered sacred artists. Similarly, women of Papua New Guinea’s Tufi region receive tattoos on their faces as a rite of passage into adulthood. The act of tattooing, at the careful hands of skilled older women, can sometimes take up to two months to complete.

Historians believe that popular tattooing may be the result of the first sailors who visited the islands of the South Pacific. They returned to England, where the upper classes were repulsed by their body art. Yet by 1900, even King George V sported a tattoo of a dragon. What is the allure of tattoos? Anthropologist Nina Jablonski believes that tattoos are both symbols of belonging and evidence of the ability to tolerate pain. Sometimes, it seems, beauty and suffering go hand in hand.

For the Birds

It’s become fashionable on April 8 to draw a picture of a bird. This practice dates back to 1943, when seven-year-old Dorie Cooper visited her uncle, a wounded war veteran, in the hospital. He was in poor spirits, and Dorie tried to cheer him up by requesting, “Draw a bird for me please.” The resulting picture was not good, and Dorie could not help but laugh, which did indeed cheer her uncle. With each subsequent visit to the hospital, Dorie was greeted with pictures of birds drawn by the soldiers, some good and many bad, but all of them evoking smiles. So on April 8, put your talents to work drawing a bird. And don’t feel bad if your work is not as beautiful as those of famous ornithologist John J. Audubon, who celebrates his birthday on April 26.



As Good as Gold

April 1–7 may be Golden Rule Week, but do unto others as you would have them do unto you forevermore. While many know the Golden Rule to come from Jesus' Sermon on the Mount, it may be a surprise to hear that a version of the Golden Rule appears in almost every major religion.



The Bible tells the story of how Jesus, in order to better address the great crowds following him, ascended a mountainside. His moving proclamations became known as the Sermon on the Mount. As told by his apostle Matthew, Jesus said, "So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets."

Jesus, in this teaching, was actually summarizing the Jewish Torah. Elsewhere in the Talmud, Rabbi Hillel taught, "What is hateful to yourself, do not do to another." This is a sentiment that echoes other religious teachings. The Chinese philosopher Confucius said, "Do not do to others what you would not like yourself." The Buddha preached, "Hurt not others in ways that you yourself would find hurtful." It is written in the Hindu text *Mahabharata*, "Do naught unto others what you would not have them do unto you." The Quran advises Muslims, "None of you has faith until he loves for his brother what he loves for himself."

Though many now call these teachings the "Golden Rule," it was never called that in the Bible or elsewhere. The term originated in the 17th century in reference to the courts of old England, where "golden law" implied that judges could be bought with gold. From this cynical view of law sprouted a more optimistic and common sense "golden rule," which implied the sharing of good deeds between citizens in order to sidestep corrupt courts. The "Golden Rule" is found in so many different cultures that some believe it to be the fundamental quality of human nature.

April Birthdays

In astrology, those born between April 1–19 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. As eternal optimists, no odds are ever considered insurmountable. Those born between April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal, and after working hard, are not shy about rewarding themselves for a job well done.

Buddy Ebsen (actor) – April 2, 1908
Eddie Murphy (comedian) – April 3, 1961
Gregory Peck (actor) – April 5, 1916
Loretta Lynn (singer) – April 14, 1932
Clarence Darrow (lawyer) – April 18, 1857
Elizabeth II (queen) – April 21, 1926
Shirley Temple (actress) – April 23, 1928
Carol Burnett (comedian) – April 26, 1933
Willie Nelson (musician) – April 30, 1933

Hair, Long Beautiful Hair

The year 1968 was a turbulent time of social and cultural upheaval in the United States. The Viet Cong launched the Tet Offensive in Vietnam.



In the midst of the Civil Rights Movement, Martin Luther King Jr. and Robert F. Kennedy Jr. were assassinated. Then on April 29, 1968, the countercultural musical *Hair* debuted on Broadway.

Hair marked a radical break from Broadway musical tradition. It was Broadway's first rock musical. The subject matter threw light on the hippie subculture with many overt references to drugs and sexuality. Indeed, the end of the first act boasted a completely nude scene. To the surprise of many, audiences loved it. *Hair* became an instant smash. For so many, it finally "Let the Sunshine In."